

HEPATITIS A, B, AND C

Weighing around 1.5kg, the liver is one of the larger body organs with several vital functions, including turning food into energy and filtering toxins; eg: alcohol out of the blood.

Hepatitis is a virus that causes inflammation of the liver and can cause serious and potentially life-threatening damage if left untreated.

There are vaccinations for Hep A and B, and care pathways that include treatment to cure Hep C. **The goal is to eliminate the virus by 2030.**

Hep C is commonly transmitted through blood including sharing injecting equipment, fucking and fisting without condoms or gloves and sharing straws for snorting.

Hep C may not have any noticeable symptoms until the liver has been significantly damaged; this means many people have the infection without realising it. When symptoms do occur, including flu-like symptoms, such as muscle aches, a high temperature (fever), feeling tired all the time, loss of appetite stomach ache, feeling and being sick. If such symptoms persist, see a health care professional as soon as possible.

HEPATITIS A, B, AND C

Weighing around 1.5kg, the liver is one of the larger body organs with several vital functions, including turning food into energy and filtering toxins; eg: alcohol out of the blood.

Hepatitis is a virus that causes inflammation of the liver and can cause serious and potentially life-threatening damage if left untreated.

There are vaccinations for Hep A and B, and care pathways that include treatment to cure Hep C. **The goal is to eliminate the virus by 2030.**

Hep C is commonly transmitted through blood including sharing injecting equipment, fucking and fisting without condoms or gloves and sharing straws for snorting.

Hep C may not have any noticeable symptoms until the liver has been significantly damaged; this means many people have the infection without realising it. When symptoms do occur, including flu-like symptoms, such as muscle aches, a high temperature (fever), feeling tired all the time, loss of appetite stomach ache, feeling and being sick. If such symptoms persist, see a health care professional as soon as possible.

HEPATITIS A, B, AND C

Weighing around 1.5kg, the liver is one of the larger body organs with several vital functions, including turning food into energy and filtering toxins; eg: alcohol out of the blood.

Hepatitis is a virus that causes inflammation of the liver and can cause serious and potentially life-threatening damage if left untreated.

There are vaccinations for Hep A and B, and care pathways that include treatment to cure Hep C. **The goal is to eliminate the virus by 2030.**

Hep C is commonly transmitted through blood including sharing injecting equipment, fucking and fisting without condoms or gloves and sharing straws for snorting.

Hep C may not have any noticeable symptoms until the liver has been significantly damaged; this means many people have the infection without realising it. When symptoms do occur, including flu-like symptoms, such as muscle aches, a high temperature (fever), feeling tired all the time, loss of appetite stomach ache, feeling and being sick. If such symptoms persist, see a health care professional as soon as possible.

THE SAFER PACK

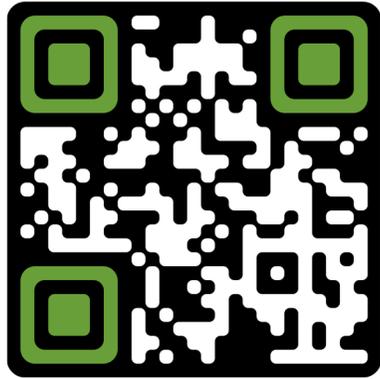
Whether you are new to gay life, your scene, or been around the block a few times, this pack should have something for you. It's been produced to help you stay safer and signpost to the support you may need, when you need it.

While there is a focus on chemsex, many issues addressed in the pack affect us across the board, whether it's safer hook-ups, assessing risks we take sexually, connecting with our communities, groups, and identities, or finding ways to improve our mental health and well-being.

And if this pack is not for you, don't sit on it: pass it on to someone who may use it.



PLEASE COMPLETE OUR SURVEY AND WHY IT MATTERS



It's possible we like surveys less than you, but completing ours helps fund more health promotion like this and new ways to improve our health and well-being.

Simply scan the QR code. The survey takes less than five minutes (we've timed it). Help us to support you.

Disclaimer

The information contained in this "Safer" pack is for general information purposes only. The information is provided by the Gay Men's Health Collective, and while we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the website or the information, products, services, or related graphics contained on the website for any purpose. Any reliance you place on such information is therefore strictly at your own risk. Particularly, no assumptions should be made about the sexuality, HIV and/ or sexual health status or views of individuals, individuals represented in pictures and/ photographs, or organisations featured on the website. In no event will we be liable for any loss or damage including without limitation, indirect or consequential loss or damage, or any loss or damage whatsoever arising from loss of data or profits arising out of, or in connection with, the use of this website. Through this website you are able to link to other websites which are not under the control of MENRUS.CO.UK, part of the Gay Men's Health Collective. We have no control over the nature, content and availability of those sites. The inclusion of any links does not necessarily imply a recommendation or endorse the views expressed within them. Every effort is made to keep the website up and running smoothly. However, MENRUS.CO.UK, part of the Gay Men's Health Collective takes no responsibility for, and will not be liable for, the website being temporarily unavailable due to technical issues beyond our control.

GET A HOME TESTING KIT FOR HEPATITIS



- TEAR ME
- SHARE ME
- SCAN ME



GET A HOME TESTING KIT FOR HEPATITIS



- TEAR ME
- SHARE ME
- SCAN ME



GET A HOME TESTING KIT FOR HEPATITIS



- TEAR ME
- SHARE ME
- SCAN ME

