

HEPATITIS A, B, AND C

Weighing around 1.5kg, the liver is one of the larger body organs with several vital functions, including turning food into energy and filtering toxins; eg: alcohol out of the blood.

Hepatitis is a virus that causes inflammation of the liver and can cause serious and potentially life-threatening damage if left untreated.

There are vaccinations for Hep A and B, and care pathways that include treatment to cure Hep C. **The goal is to eliminate the virus by 2030.**

Hep C is commonly transmitted through blood including sharing injecting equipment, fucking and fisting without condoms or gloves and sharing straws for snorting.

Hep C may not have any noticeable symptoms until the liver has been significantly damaged; this means many people have the infection without realising it. When symptoms do occur, including flu-like symptoms, such as muscle aches, a high temperature (fever), feeling tired all the time, loss of appetite stomach ache, feeling and being sick. If such symptoms persist, see a health care professional as soon as possible.

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THE SAFER PACK

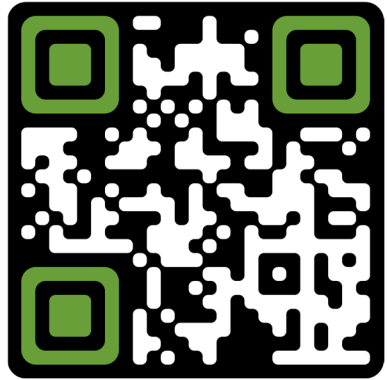
Whether you are new to gay life, your scene, or been around the block a few times, this pack should have something for you. It's been produced to help you stay safer and signpost to the support you may need, when you need it.

While there is a focus on chemsex, many issues addressed in the pack affect us across the board, whether it's safer hook-ups, assessing risks we take sexually, connecting with our communities, groups, and identities, or finding ways to improve our mental health and well-being.

And if this pack is not for you, don't sit on it: pass it on to someone who may use it.



PLEASE COMPLETE OUR SURVEY AND WHY IT MATTERS



It's possible we like surveys less than you, but completing ours helps fund more health promotion like this and new ways to improve our health and well-being.

Simply scan the QR code. The survey takes less than five minutes (we've timed it). Help us to support you.

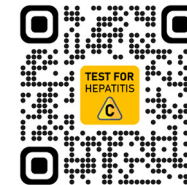
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GET A HOME TESTING KIT FOR HEPATITIS



- TEAR ME
- SHARE ME
- SCAN ME



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